

## Medical Kit Cost

### Medication

| Item                               | Cost         |
|------------------------------------|--------------|
| *Co-codamol 30/500 tablets x 100   | <b>£5.25</b> |
| *Buccastem 3mg x 84                | <b>£8.98</b> |
| Antacid Tablets x 100              | <b>£5</b>    |
| Silver sulphadiazine cream 20g x 1 | <b>£5</b>    |
| Throat lozenges x 40               | <b>£4</b>    |

\*Need prescription for.

### Other Creams/ Ointments

| Item                      | Cost         |
|---------------------------|--------------|
| Bonjela x 1 tube          | <b>£2</b>    |
| Zorvirax x 1 tube         | <b>£2</b>    |
| Vaseline x 5 pots         | <b>£5</b>    |
| E45 x 1 tube              | <b>£4</b>    |
| Sun Cream x 5 tubes       | <b>£20</b>   |
| Sterile Saline x 1 bottle | <b>£3</b>    |
| Eye wash x 1 bottle       | <b>£3</b>    |
| Anusol Cream x 1 tube     | <b>£2.65</b> |

### Dressings, gloves etc.

| Item                        | Cost         |
|-----------------------------|--------------|
| Elastoplasts x 2 packs      | <b>£1</b>    |
| Cotton-wool Balls x 2 packs | <b>£1</b>    |
| Cling Film x 1 roll         | <b>£0.50</b> |
| Gloves x 1 box              | <b>£3</b>    |
| Splints x 2                 | <b>£10</b>   |

### Miscellaneous

| Item                            | Cost  |
|---------------------------------|---|
| Thermometer x 1                 | <b>£4</b>   |
| Insulation Pack – foil pack x 3 | <b>£2.10</b>  |
| US \$ in Small Denominations    | <b>£50 (but can use own money as a loan if necessary)</b> |
| Dioralite x 5 power sachets     | -   |
| Toothbrushes x 5                | - (Get them from air plane)                               |
| Scissors x 2                    | <b>£10</b>  |
| Safety Pins/ Paper Clips        | -   |
| Condoms x 1 pack                | <b>£2</b>   |

Total Cost if all is bought:

**~£100**